



## By the end of this workshop participants will be able to:

- Identify the three principles critical for peer-topeer collaboration
- Recognize the difference between cooperation and collaboration
- List the three sources of power and their relevance in peer-to-peer negotiation
- Describe the law of reciprocity in influencing others
- Practice listening and encouraging in order to build rapport

- Practice adjusting their communication based upon another person's communication style
- Classify the steps on the "Ladder of Conflict"
- Describe strategies for overcoming three common forms of resistance
- Apply best practices moving forward

## PROGRAM FLOW: KEY CONTENT AREAS

#### Welcome

- Introduction, learning objectives
- Principles of collaboration

### **Collaboration Continuum**

- Coercion, participation, cooperation and collaboration
- Opportunity for collaboration

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Mindset and approach
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### **Power and Influence**

- Sources of power
- Building power
- · Activity: Listen and Encourage

### **Communication Styles**

- Assessment
- Adjusting to others' style

### Information and Understanding

Activity: All-In

### **Deep Listening**

- Techniques
- Having a fallback

**Workshop Close**